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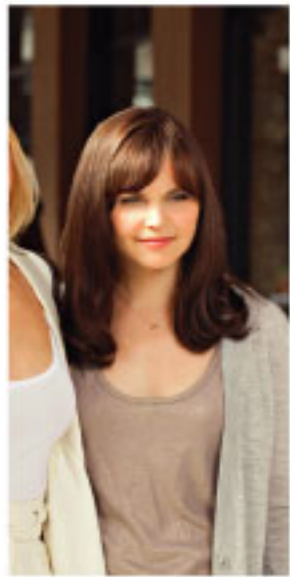
WOULD MOST  
PARENTS  
CHOOSE THE  
SEX OF THEIR  
BABY IF THEY  
COULD?

# Kate

## "I DON'T GET TO SLEEP IN"

WHY THE HOLLYWOOD STAR'S MOTHER'S DAY WILL BE JUST LIKE YOURS





(from left) Hudson and *Something Borrowed* co-star Ginnifer Goodwin; with ex-husband Chris Robinson and their son, Ryder; on holiday with boyfriend Matt Bellamy.

**M**iracles happen every day, and there's definitely something special about the morning I meet with Kate Hudson: She's early.

After spending many years waiting many, many hours for the mega-famous to show up — Mariah Carey tops the list at five hours, while Christina Aguilera clocked in at four — this is a truly staggering occurrence.

But Hudson's attention to the clock doesn't have anything to do with me, of course.

"I'm up at 6am every day," she says with a shrug, before looking down at her blooming baby bump. "I'm a mommy and I'm pregnant. I don't really get to sleep in."

Despite the lack of shut-eye, the 32-year-old still looks every inch the moviestar. Decked out today in skin-tight black pants, Chanel heels and a flowing Maison Martin Margiela white top, her growing belly blends in with her look like a well-chosen accessory, and her blonde locks and clear skin scream health and happiness.

Before I have the chance to get too jealous, she's quick to point out she's had her fair share of morning sickness. "I was supposed to go to Australia," she sighs a little wistfully. (She says she fell in love with the place while filming *Fool's Gold* in Queensland in 2007.)

"My boyfriend [Muse frontman Matt Bellamy] was playing there, and I wanted to go, but I was just so sick in my first trimester that I couldn't do it. Sometimes it felt as though I'd been on a boat for months, but I'm feeling better now."

She also admits to a few odd cravings, but there's still a touch of the starlet even about those. "I'm craving salads," she says a little guiltily, before proceeding to munch on one for the entire duration of our interview.

With the worst of the nausea behind her, Hudson is clearly in good form. She's been with Cambridge-born Bellamy, 32, since they met last year at California's Coachella music festival, and she's in love and looking forward to their new addition.

Mum already to seven-year-old son Ryder, she maintains a good relationship with her ex-husband, The Black Crowes rocker Chris Robinson (who now has a second child, with wife Allison Bridges), and the clans are often snapped enjoying a day out together.

So, how does the divorcee keep everything so stable?

"I'm not threatened or jealous," Hudson says of her relationships. "From the beginning, I don't tolerate any of the petty stuff. I think anybody who knows me or is in a relationship with me knows that if they start doing that

kind of thing, I'll say something.

"Also, being a parent makes you grow up. When you see kids walking all over their parents, you realise they're just doing it because they know they can. Ryder would never do that, because he knows he can't. It's the same with friendships."

Workwise things couldn't be better for the actor who first came to fame in 2000, after playing mixed-up groupie Penny Lane in *Almost Famous*. She has two new movies coming out almost back-to-back: the rom-coms *Something Borrowed*, in cinemas this week, and *A Little Bit of Heaven*, out next month.

In *Something Borrowed*, Hudson plays Darcy, the rambunctious, self-obsessed best friend of the introverted, forever-single Rachel (Ginnifer Goodwin). Rachel has had a crush on Darcy's fiancé for years and unexpectedly ends up in his arms after a big night out, throwing all the friendships into chaos.

Infidelity with your BFF's future husband isn't your standard rom-com fare, but Hudson says she loved the experience because it gave her the opportunity to play "a relentless, unapologetic, selfish, self-centred person".

"What makes love correct? And is it ever correct?" asks Hudson as we talk about the film. "At the end of the day, [*Something* >



Borrowed] questions, what is love? And do all the rules go out the window if you really love somebody?"

Hudson says she's never had that problem in her private life, but has friends who have fallen out over men. "I usually choose girls over boys," she says with a smile.

Friendship is high on her priority list. She has a core group of six girlfriends she's "really close" to, and says she doesn't trust a woman who has no female friends. "I'm definitely a massive girl's girl," she admits. "Plus, I grew up with all-boys, and you become so sick of [them] after a while."

Hudson may be sick of the boys, but she's never been short of their company. After her young marriage to Robinson - she was 21 when they tied the knot in 2000; they split in 2006 - she dated the likes of actor Owen Wilson and Madonna's ex, baseballer Alex Rodriguez.

Although clearly committed to Bellamy - the pair have been spotted checking out \$15 million Malibu beachside mansions and have bought a pad in London as they prepare for the birth of their first baby together -

## "I THINK, WHEN YOU HAVE KIDS, THIS SHIFT HAPPENS WHERE, ALL OF A SUDDEN, YOUR LIFE AND YOUR PRIORITY BECOMES YOUR CHILDREN"

Hudson says they have "no plans" to marry, although she won't rule it out.

She admits her age and experience have changed her idea of what love should be. "It just becomes more adult - that passionate, crazy love changes. The things you want in a partnership are different than when you were younger. Now it's about respect, honesty, full partnership and compromise - all the great stuff," she says. "I think respect is what makes love last."

Hudson admits she wasn't looking for love when Bellamy crossed her path. "I think, when you have kids, this shift happens where, all of a sudden, your life and your priority becomes your children, first and foremost.

"If you do enter a relationship, you have to balance out the relationship and all the other things in your life, but your real focus is your children. So, having kids obviously shifts the focus of what it is to love and be in a relationship."

Despite being pragmatic about affairs of the heart, Hudson is clearly smitten with the love of her life - son Ryder - and says motherhood has been her greatest achievement.

"I think you understand what real, unconditional love is. Romantic relationships take work, whereas loving your children doesn't take that kind of work," she says.

She's adamant Ryder won't grow up a spoiled Hollywood kid, and that he'll work hard for what he wants, just as she did. "I grew up >

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on sets, too, and it's normal for him," she says. "He knows it's where Mommy goes to work, but he only comes when it's appropriate for him to be there. You know, I'm working."

"But [the paparazzi] scare him. He hides behind me. If you could hear some of the things those people say - they're very aggressive. I wish I could protect him from it more. He's just a kid trying to go to school."

When I first met Hudson on the set of *Something Borrowed*, eight months ago (she had just filmed a scene involving a movie orgasm that could put Meg 'I'll have what she's having' Ryan's to shame), she was only a couple of months into her burgeoning relationship with Bellamy, and was excited about going away to "a beach with my son and boyfriend".

Now that the couple are about to become parents, Hudson tries to spend as much time as possible in LA, where she grew up and where it still feels like home.

"Ryder's dad lives there, and it's really nice to be around your family when you have kids," she explains.

That family, of course, is Hollywood royalty. Hudson's mum is screen legend Goldie Hawn, and the man she calls 'Pa' is her mother's long-term partner, actor Kurt Russell. She has two brothers: Oliver Hudson,

## "THE PAPARAZZI SCARE RYDER - THEY'RE VERY AGGRESSIVE. I WISH I COULD PROTECT HIM MORE"

also an actor, and Wyatt Russell, a professional ice hockey player.

Hudson admits it annoys her when people attribute her success to her pedigree. "It's not as though my parents make calls to people insisting I get roles," she bristles.

At just 32, Hudson has already had a long and varied career. She scored an Academy Award nomination for her role in *Almost Famous*, and garnered critical acclaim for performances in smaller films such as *The Killer Inside Me* (where she played the doomed girlfriend of a serial killer) and the musical ensemble *Nine*, where she showed off her considerable dance skills. In fact, we'll see more of them in *Something Borrowed*, where Hudson and Goodwin do a pyjama-clad routine to the Salt-N-Pepa hit 'Push It'.

Still, the films for which the petite star is most well-known are comedies, and it's little surprise, given her heritage, that Hudson has a flare for the genre.

"Comedy's all over the place in our genes," she says. "My brother Oliver is so damned funny - I think he's the funniest. We're just a family that likes to laugh."

Despite the fame, fortune and A-list parents, Hudson is still one of the most down-to-earth celebrities around, which is another little miracle.

"I'm really blessed with a very solid, very real family," she says. "People may find that difficult to believe, but it's true. I have a great, wonderful, happy life, and I always have had. [Family] is the most important thing. None of the other stuff matters." ■

STORY: TIFFANY BAKKER

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